**International Student Competition**

**ASEAN Association of School Medical Technology (AASMT)**

**TERMS AND CONDITIONS OF HEALTH PROMOTION VIDEO CONTEST**

1. **CONTESTS OF THE COMPETITION.**
2. Participants are active students of diploma three, diploma four, or undergraduate medical laboratory technology programs at universities in the international region.
3. Participants fill out the Google registration form [***https://aasmt.poltekmfh.ac.id/***](https://aasmt.poltekmfh.ac.id/)
4. Registration is open from September 1st – November 25th, 2022.
5. Submission of the videos on November 25th, 2022.
6. Participants confirm registration via contact person: Dhika (+62 085239135355) WhatsApp included) with the following filling format: VIDOE REGISTRATION\_ [Participant Name] \_ [Institution] \_ [Payment Date] and attach proof of payment.
7. Participants pay a registration fee of USD 53 per team through a BRIS account, with Account Number 1044706397 on behalf of Yys medika cipta mandiri Mataram, Swift or BIS Code (International) : BSMDIDJAXXX
8. Participants send their posters via the committee's official email: [tlm.politeknikmfh@gmail.com](mailto:tlm.politeknikmfh@gmail.com) with the subject format: POSTER\_ [Participant Name] \_[Institution]\_[Title of Work].
9. The assessment is carried out on the 30th of November 2022.
10. Participants send their videos via the committee's official email: [tlm.politeknikmfh@gmail.com](mailto:tlm.politeknikmfh@gmail.com) with the subject format: VIDEO\_[Participant Name]\_[Institution]\_[Title of Work].
11. The winner of the poster competition will be announced on the peak day of the International Student Competition event, which is December 3rd, 2022, and will be announced at the opening ceremony and through the official website.
12. Health promotion videos are short stories themed about healthy living behaviour.
13. The duration of the video is 3-5 minutes.
14. Use any type of camera with a minimum resolution of 800 x 600 pixel.
15. The videos that are entered in the competition are new, original works, not the result of plagiarism and/or taking part of the copyrights of others.
16. The work has never been published or submitted to other video competitions.
17. If in the future there is a copyright lawsuit, the committee is not responsible for it, the committee will assume that all the films that are submitted are the original works of the participants.
18. The languages ​​that can be used in the entire video are Indonesian, foreign languages, and regional languages. If using a foreign or regional language, it is required to include *subtitle* (translation) in Indonesian.
19. Each agency may submit more than 1 (one) work and 1 video theme.
20. Videos must not contain elements that are contrary to the laws and regulations in force in Indonesia; Morals, morals, shamanism/mystics, and certain SARA (Ethnic, Religion, and RAS), violence, promotion of commercial products, and do not contain pornographic elements.
21. Participants must fill out a complete registration form containing all information regarding personal data, title, and synopsis of the submitted film.
22. The video material entered in the competition will be sent on DVD in MOV, AVI, MPEG or MP4 format.
23. Participants must have a master video with good quality (HD / Full HD) for judging viewing. The format of the work is in the form of MOV, AVI, MPEG or MP4.
24. Video material can be received no later than November 28th, 2022.
25. The submitted video has the right to be broadcast by the committee for the purposes of health education.
26. Competition organizers; contact person: Dhika (+62 085239135355) WhatsApp included)
27. **VIDEO THEME OPTIONS**
28. Wash hands with water and soap.
29. Cough etiquette.
30. Eat fruits and vegetables every day.
31. Do not smoke.
32. Consuming snacks in the hospital canteen.
33. Waste management (Medical, non-medical, sharp, infectious, etc.) waste.
34. Exercise regularly and measurably.
35. Stay away from drugs and alcohol.
36. Healthy food for families with balanced nutrition.
37. Healthy living behaviour by doing physical activity.
38. Living clean, clean environment is important for health.
39. Life without alcohol, cigarettes and drugs is cool.
40. Use drugs according to the doctor's prescription, taking any medication can have an impact on health.
41. Maintain reproductive health from an early age.
42. Immunization is important to prevent disease.
43. **ASSESSMENT CRITERIA**
44. Originality or not is a work of plagiarism.
45. Does not offend, trigger conflict and or hostility between ethnic groups, religions, races, and groups (SARA), does not violate the law, or spread certain ideologies or teachings that are prohibited by applicable law in the territory of the Republic of Indonesia.
46. Theme suitability.
47. The value of the message conveyed (explicit / implicit).
48. The decision of the jury and the committee in conducting the selection and making discretion is absolute and cannot be contested.
49. **ANNOUNCEMENTS AND PRIZES WINNERS**
50. Winners will be announced on December 3rd, 2022.
51. The best video will be chosen by 1 Grand Winner.
52. Prizes are provided for the main winner and the 2 best nominees.